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Paracord Flip Flops

22 feet of your favorite color of paracord cut into two lengths of 11 feet for men's or women's size 8 flip flop. Paracord length will vary depending on the size of your flip flop.

Instructions:

Step 1 Measure 11 feet of paracord. Fold in half and tie a knot on the outside and back of the flip flop strap.

Step 2 Begin doing the basic Square Knot stitch.

Knot 1: Right cord over top of strap and to the left, Left cord over top of right cord and behind the strap then bring through hole in cord on right. Pull knot tight.

Knot 2: Left cord overtop of strap and to the right, right cord overtop of left cord and behind the strap then bring through hole in cord on the left. Pull knot tight. (Continue to the end of the strap)

Step 3 Cut ends $\frac{1}{4}$ "from the knot and quickly melt with a lighter and press what has melted down with something metal to make it smooth.

You may attach a good looking button, a pretty silk flower, a fun bead, or a shiny jewel at the toe to accent your Paracord Flip Flops.

By; Julie Roylance